

Texas Girls Coaches Association

2021 Summer Clinic

Arlington, TX

Esports Stadium - 1200 Ballpark Way Sheraton Arlington - 1500 Convention Center Drive

*CCP Courses Must Have Badges Scanned

| Time | Event | No. | Site |
|-------------------------|--|-----|--|
| Monday, July 12 | | | |
| 1:00 | TGCA Board of Directors Meeting & Brunch | #1 | Globe Life Field 734 Stadium Dr |
| 2:00 - 5:00 | Registration | | Esports Stadium Room E-3 |
| 6:00 - 7:00 | Honor Awards Banquet Reception | | Hilton Arlington 2401 East Lamar Blvd |
| 7:00 - 10:00 | Honor Awards Banquet | | Hilton Arlington 2401 East Lamar Blvd |
| Tuesday, July 13 | | | |
| 7:00 - 12:00 | Exhibitors Set Up <i>(Exhibitors only allowed in Exhibit Hall)</i> | | Esports Stadium Exhibit Hall |
| 8:00 - 4:00 | Registration | | Esports Stadium Room E-3 |
| 8:30 - 9:30 | *CCP - UIL Sports Update <i>Soccer, Wrestling, Tennis, Team Tennis, Swimming & Diving, Golf</i> | #2 | Esports Stadium Stadium 4 |
| 9:00 - 11:00 | NAAII Testing | | Sheraton Arlington World Series Room |
| 9:30 - 10:30 | *CCP - UIL Elective <i>(Strength & Conditioning)</i> <i>Justin Cranfill - River Road High School</i> | #3 | Esports Stadium Stadium 4 |
| 10:45 - 11:45 | *CCP - UIL Elective <i>(Ethics)</i> <i>Andy Cheshire - DairyMAX</i> | #4 | Esports Stadium Stadium 4 |
| 12:00 - 1:00 | *CCP - Safety <i>Sarah Washington - Western Hills High School</i> | #5 | Esports Stadium Stadium 4 |
| 12:00 - 4:00 | Exhibit Hall Open to the Public | | Esports Stadium Exhibit Hall |
| 12:00 - 4:00 | Job Placement Services Center | | Esports Stadium Exhibit Hall |
| 1:30 - 2:30 | Basketball Lecture <i>Steve Gomez - Lubbock Christian University</i> <i>"Blocker Mover Continuity Man Offense"</i> | #6 | Sheraton Arlington Champions Ballroom |
| | Softball Lecture <i>Wade Wilson - Texas Lutheran University</i> <i>"Road to a National Title"</i> | #7 | Esports Stadium Stadium 2 |

| Time | Event | No. | Site |
|-------------------------|--|-----|---|
| Tuesday, July 13 | | | |
| 1:30 - 2:30 | Volleyball Lecture <i>Tony Graystone - Texas Tech University</i> <i>"Training Defense and Defensive Systems"</i> | #8 | Esports Stadium Stadium 4 |
| | Track/Cross Country Lecture <i>Derek Riedel - Incarnate Word University</i> <i>"Middle Distance Excellence: How to Train a</i> <i>Developing Distance Runner for Success in the</i> <i>800-3200"</i> | #9 | Sheraton Arlington Hall of Fame Room |
| 2:00 - 2:30 | Cheer Lecture <i>Varsity Spirit</i> 1A thru 4A All-Stars Orientation Volleyball | #10 | Esports Stadium Stadium 1 |
| | Basketball | | Arlington High School 818 W Park Row Drive |
| | Track/Cross Country | | Lamar High School 1400 W Lamar Blvd |
| | Cheer | | Lamar High School 1400 W Lamar Blvd |
| | Softball | | Lamar High School 1400 W Lamar Blvd |
| | Softball | | Workman SB Complex 701 E Arbrook Blvd |
| 2:30 - 4:30 | 1A thru 4A All-Stars Game Prep Volleyball | | Arlington High School 818 W Park Row Drive |
| | Basketball | | Lamar High School 1400 W Lamar Blvd |
| | Track/Cross Country | | Lamar High School 1400 W Lamar Blvd |
| | Cheer | | Lamar High School 1400 W Lamar Blvd |
| | Softball | | Lamar High School 1400 W Lamar Blvd |
| | Softball | | Workman SB Complex 701 E Arbrook Blvd |
| 2:45 - 3:45 | Basketball Lecture <i>Steve Gomez - Lubbock Christian University</i> <i>"1-2-2 and 2-3 Zone Defense (The Positives and</i> <i>Negatives)"</i> | #11 | Sheraton Arlington Champions Ballroom |
| | Softball Lecture <i>Wade Wilson - Texas Lutheran University</i> <i>"Q&A with Wade Wilson/Billy Hicks"</i> | #12 | Esports Stadium Stadium 2 |
| | Volleyball Lecture <i>Tony Graystone - Texas Tech University</i> <i>"Training Side Out Offense"</i> | #13 | Esports Stadium Stadium 4 |

| Time | Event | No. | Site |
|---------------------------|---|-----|---|
| Tuesday, July 13 | | | |
| 2:45 - 3:45 | Track/Cross Country Lecture <i>Derek Riedel - Incarnate Word University</i> <i>"Strength Training Development for the Middle and Long Distance Runner - A Year-Long Program to Full and Long-Term Development"</i> | #14 | Sheraton Arlington Hall of Fame Room |
| | Cheer Lecture <i>Varsity Spirit</i> | #15 | Esports Stadium Stadium 1 |
| 4:00 - 5:00 | Basketball Lecture <i>Teresa Durham - Allen High School</i> <i>"Offensive Quick Hitters and Sets"</i> | #16 | Sheraton Arlington Champions Ballroom |
| | Softball Lecture <i>Wade Womack - Dripping Springs High School</i> <i>"Tiger Softball Drills and Philosophies to Maximize Your Program"</i> | #17 | Esports Stadium Stadium 2 |
| | Volleyball Lecture <i>Rachel Torvik - San Antonio Reagan High School</i> | #18 | Esports Stadium Stadium 4 |
| | Track/Cross Country Lecture <i>LaKeidra Stewart - Duncanville High School</i> <i>"Being a Female Coach in 6A Boys Track & Field"</i> | #19 | Sheraton Arlington Hall of Fame Room |
| | Cheer Lecture <i>Varsity Spirit</i> | #20 | Esports Stadium Stadium 1 |
| 6:00 - 7:00 | 1A thru 4A Basketball Demonstration | #21 | Lamar High School 1400 W Lamar Blvd |
| | 1A thru 4A Softball Demonstration | #22 | Workman SB Complex 701 E Arbrook Blvd |
| | 1A thru 4A Volleyball Demonstration | #23 | Arlington High School 818 W Park Row Drive |
| | 1A thru 4A Track/CC Demonstration | #24 | Lamar High School 1400 W Lamar Blvd |
| 7:00 - 9:00 | 1A thru 4A Basketball All-Stars Game 1A thru 4A Cheer All-Stars Game/Half-Time Performance 1A thru 4A Track/CC All-Stars Half-Time Recognition 1A thru 4A Softball All-Stars Game 1A thru 4A Volleyball All-Stars Game | | Lamar High School 1400 W Lamar Blvd |
| | | | Workman SB Complex 701 E Arbrook Blvd |
| | | | Arlington High School 818 W Park Row Drive |
| 9:00 | Welcome Social | | Texas Live! 1650 E Randol Mill Rd. |
| Wednesday, July 14 | | | |
| 7:00 - 4:00 | Exhibit Hall Open to the Public | | Esports Stadium Exhibit Hall |
| 8:00 - 4:00 | Registration | | Esports Stadium Room E-3 |

| Time | Event | No. | Site |
|---------------------------|---|-----|---|
| Wednesday, July 14 | | | |
| 8:00 - 4:00 | Job Placement Services Center | | Esports Stadium <i>Exhibit Hall</i> |
| 8:00 - 9:00 | Spirit Committee Meeting | #25 | Esports Stadium <i>Arlington Suite</i> |
| 8:30 - 9:30 | *CCP - UIL Track & CC Update | #26 | Sheraton Arlington <i>Hall of Fame Room</i> |
| | <i>UIL Staff</i> | | |
| | Basketball Lecture <i>Tyler Helms - Idalou High School</i> <i>"Idalou Lady Cat Basketball"</i> | #27 | Esports Stadium <i>Stadium 2</i> |
| | Softball Lecture <i>Douglas Harrigan - Florence High School</i> <i>"Buffalo Bunting & Base Running, Drills for the Development of the Short Game & Aggressive Base Running"</i> | #28 | Sheraton Arlington <i>Champions Ballroom</i> |
| | Volleyball Lecture <i>U'liani Womble - Frisco Wakeland High School</i> <i>"Things I've Learned from Coaches"</i> | #29 | Esports Stadium <i>Stadium 4</i> |
| | Special Lecture <i>Tom Rogers - Financial & Insurance Associates</i> <i>"TRS/Retire at 62% or 100% Salary?"</i> | #30 | Esports Stadium <i>Room E-2</i> |
| | Cheer Lecture <i>Varsity Spirit</i> | #31 | Esports Stadium <i>Stadium 1</i> |
| | Soccer Lecture <i>Rebecca Christ - McKinney High School</i> <i>"Creating Success in the First Year"</i> | #32 | Esports Stadium <i>Room E-4</i> |
| 9:45 - 11:00 | Regional Meetings | #33 | |
| | Region I | | <i>Sheraton - Hall of Fame</i> |
| | Region II | | <i>Esports - Rm E-2</i> |
| | Region III | | <i>Esports - Stadium 4 South</i> |
| | Region IV | | <i>Esports - Stadium 2 North</i> |
| | Region V | | <i>Esports - Room E-4</i> |
| | Region VI | | <i>Esports - Stadium 2 South</i> |
| | Region VII | | <i>Esports - Stadium 4 North</i> |
| | Region VIII | | <i>Sheraton - Champions</i> |
| 10:00 - 12:00 | *CCP - UIL Cheerleading Update/NFHS Rules Presentation | #34 | Esports Stadium <i>Stadium 1</i> |
| | <i>UIL Staff & Varsity Spirit</i> | | |
| 11:00 - 12:00 | Basketball Sub-Varsity Lecture | #35 | Esports Stadium <i>Stadium 2</i> |
| | Softball Sub-Varsity Lecture <i>Justin Kniffen - Tyler Legacy High School</i> <i>"Working the Counts: Give Me an 0-2, 1-2 Count Any Day"</i> | #36 | Sheraton Arlington <i>Champions Ballroom</i> |
| | *CCP - UIL Volleyball Update | #37 | Esports Stadium <i>Stadium 4</i> |
| | <i>UIL Staff</i> | | |

| Time | Event | No. | Site |
|---------------------------|--|-----|--|
| Wednesday, July 14 | | | |
| 11:00 - 12:00 | Track/Cross Country Sub-Varsity Lecture <i>David Jeffrey - Big Spring High School</i> <i>"Turning Athletes Into High Jumpers"</i> | #38 | Sheraton Arlington Hall of Fame Room |
| | Tennis Lecture <i>Mark Dotson - Lubbock High School</i> <i>"Steps to Building a Program"</i> | #39 | Esports Stadium Room E-4 |
| | *CCP - Concussion | #40 | Esports Stadium Room E-2 |
| 12:15 - 1:15 | Texas Health Fellowship of Christian Athletes | #41 | Esports Stadium Room E-4 |
| | *CCP - UIL Basketball Update | #42 | Esports Stadium Stadium 2 |
| | UIL Staff Softball Lecture <i>Rodney DeLong - University of North Texas</i> <i>"Hearts and Minds: The Power of Culture"</i> | #43 | Sheraton Arlington Champions Ballroom |
| | Volleyball Lecture <i>(Sponsored by Baden)</i> <i>Genny Volpe - Rice University</i> <i>"Developing Team Culture & Leadership"</i> | #44 | Esports Stadium Stadium 4 |
| 12:15 - 1:15 | Track/Cross Country Lecture <i>Jerrod Cook - Abilene Christian University</i> <i>"Discus Technique"</i> | #45 | Sheraton Arlington Hall of Fame Room |
| | Tennis Lecture <i>Justin Quest - Allen High School</i> <i>"Large Group Drills, Live Ball Coach Fed</i> <i>Creating Junior Development Programs"</i> | #46 | Esports Stadium Room E-2 |
| 1:00 - 2:30 | Cheer Lecture <i>Varsity Spirit</i> | #47 | Esports Stadium Stadium 1 |
| 1:30 - 2:30 | Basketball Lecture <i>Kendra Hassell - Hardin Simmons University</i> <i>"Cowgirl Basketball/Helping Your Players Find</i> <i>the Right College Fit"</i> | #48 | Esports Stadium Stadium 2 |
| | Softball Lecture <i>Rodney DeLong - University of North Texas</i> <i>"Practice with Intent"</i> | #49 | Sheraton Arlington Champions Ballroom |
| | Volleyball Lecture <i>(Sponsored by Baden)</i> <i>Genny Volpe - Rice University</i> <i>"Creating Consistency: The Top Skills & Drills"</i> | #50 | Esports Stadium Stadium 4 |
| | Track/Cross Country Lecture <i>Jerrod Cook - Abilene Christian University</i> <i>"Throwing Drills & Cues"</i> | #51 | Sheraton Arlington Hall of Fame Room |

| Time | Event | No. | Site |
|---------------------------|---|--------------------------|---|
| Wednesday, July 14 | | | |
| 1:30 - 2:30 | Special Lecture <i>Dr. James Peterson - Coaches Choice</i> <i>"10 Myths, Misrepresentations & Misunderstandings about Conditioning for Women's/Girls' Sports"</i> | #52 | Esports Stadium Room E-2 |
| 2:00 - 2:30 | 5A-6A All-Stars Orientation Volleyball Basketball Track/Cross Country Cheer Softball | | Arlington High School 818 W Park Row Drive Lamar High School 1400 W Lamar Blvd Lamar High School 1400 W Lamar Blvd Lamar High School 1400 W Lamar Blvd Workman SB Complex 701 E Arbrook Blvd |
| 2:30 - 4:30 | 5A-6A All-Stars Game Prep Volleyball Basketball Track/Cross Country Cheer Softball | | Arlington High School 818 W Park Row Drive Lamar High School 1400 W Lamar Blvd Lamar High School 1400 W Lamar Blvd Lamar High School 1400 W Lamar Blvd Workman SB Complex 701 E Arbrook Blvd |
| 2:45 - 3:45 | Basketball Lecture <i>Kendra Hassell - Hardin Simmons University</i> <i>"Competitive Drills/Shooting Drills"</i> | #53 | Esports Stadium Stadium 2 |
| | *CCP - UIL Softball Update | #54 | Sheraton Arlington Champions Ballroom |
| 2:45 - 3:45 | UIL Staff Volleyball Sub-Varsity Lecture <i>Ryan Mitchell - Lovejoy High School</i> <i>"Lovejoy Volleyball"</i> Track/Cross Country Lecture <i>Carly Littlefield - Lovejoy High School</i> Cheer Lecture <i>Varsity Spirit</i> Soccer Lecture <i>Oscar Bersosa - Belton High School</i> <i>"Consider 2 Tweaks to Traditional Soccer Thinking"</i> | #55 #56 #57 #58 | Esports Stadium Stadium 4 Sheraton Arlington Hall of Fame Room Esports Stadium Stadium 1 Esports Stadium Room E-4 |
| | *CCP - Concussion <i>Texas Health</i> | #59 | Esports Stadium Room E-2 |

| Time | Event | No. | Site |
|---------------------------|--|-----|---|
| Wednesday, July 14 | | | |
| 4:00 - 5:00 | TGCA General Business Meeting | #60 | Esports Stadium Stadium 4 |
| 6:00 - 7:00 | 5A-6A Basketball Demonstration | #61 | Lamar High School 1400 W Lamar Blvd |
| | 5A-6A Softball Demonstration | #62 | Workman SB Complex 701 E Arbrook Blvd |
| | 5A-6A Volleyball Demonstration | #63 | Arlington High School 818 W Park Row Drive |
| | 5A-6A Track/CC Demonstration | #64 | Lamar High School 1400 W Lamar Blvd |
| 7:00 - 9:00 | 5A-6A Basketball All-Stars Game 5A-6A Cheer All-Stars Game/Half-Time Performance 5A-6A Track/Cross Country All-Stars Half-Time Recognition 5A-6A Softball All-Stars Game 5A-6A Volleyball All-Stars Game | | Lamar High School 1400 W Lamar Blvd Workman SB Complex 701 E Arbrook Blvd Arlington High School 818 W Park Row Drive |
| Thursday, July 15 | | | |
| 8:00 - 10:00 | Registration | | Esports Stadium Foyer |
| 8:00 - 9:00 | TGCA Committee Meetings Volleyball Committee Basketball Committee Track Committee Softball Committee Sub-Varsity Committee | #65 | Sheraton Arlington Super Bowl 2 Triple Crown World Series I World Series II Super Bowl 1 |
| 8:30 - 9:30 | Basketball Lecture Kyle Lovorn - Lubbock-Cooper High School "Saving YOUth Basketball - It Starts with YOU: Building a Foundation for Your Program" Softball Lecture Lee Kuyrkendall - Royse City High School "Defensive Fundamentals and Philosophy" Volleyball Lecture | #66 | Esports Stadium Stadium 2 |
| | | #67 | Esports Stadium Stadium 4 |
| | | #68 | Sheraton Arlington Champions Ballroom |
| 8:30 - 9:30 | Track/Cross Country Lecture Trevor Taylor - Wagner High School "Beyond the Whistle: Coaching More Than Just the Athlete" | #69 | Sheraton Arlington Hall of Fame Room |
| 9:00 - 9:30 | TGCA Board of Directors Meeting | #70 | Sheraton Arlington Wimbledon Room |
| 9:45 - 10:45 | *CCP - Steroids | #71 | Esports Stadium Stadium 4 |

| Time | Event | No. | Site |
|---|--|----------------|--|
| Thursday, July 15 11:00 - 12:00 12:15 - 1:15 | *CCP - Fundamentals of Coaching <i>UIL/TGCA Panel Discussion</i> *CCP - UIL Elective <i>Dr. Mark Cousins - UIL</i> <i>"On-Line PAPF"</i> | #72 #73 | Esports Stadium <i>Stadium 4</i> Esports Stadium <i>Stadium 4</i> |